

BAG A LUNCH, HELP A BUNCH®

Donate what you would spend on lunch today.

Presented by



WHAT IS IT?

A grassroots initiative that asks employees in businesses and students in schools to donate the equivalent of one day's lunch money to help Table to Table fight hunger in our communities.

Every \$1 you donate into the Bag a Lunch® bag provides 10 meals. Last year, the Bag a Lunch initiative allowed Table to Table to rescue enough food for more than 3.5 million meals.

It's a simple, fun, ready-to-go program with a huge impact. All it takes is a team captain at your organization and Table to Table will provide all the necessary materials (whether virtual or traditional) to make it a success.

WHY DO IT?

- **COVID-19:** Prior to the pandemic, nearly **1 million** people living in New Jersey were food insecure. Since July that number has increased significantly and the demand for food has never been greater.
- **1 in 4** New Jersey residents do not earn enough to afford the basic necessities of food and housing.
- **1 in 7** children in New Jersey do not know where their next meal will come from.
- **Hunger affects people at every stage in life.** Without proper nutrition babies can't thrive, children don't develop, students can't learn, adults are not productive and seniors can't stay healthy.

HOW DOES IT HELP?

- Every day Table to Table rescues & redistributes fresh, wholesome food that would otherwise be wasted.
- Since 1999, Table to Table has provided enough fresh food for **227 million meals** and kept over **73,775 tons** from landfill.
- Table to Table is 100% philanthropy funded, allowing the freedom to deliver to those most in need.
- **Every \$1 donated provides 10 meals.** With your help, in 2021 alone, we will redistribute enough food (free of charge) to provide **30 million** meals to hungry families in northern New Jersey.

EVERY \$ MAKES A DIFFERENCE

\$25

brings fresh produce to a
FAMILY OF 4
FOR 2 MONTHS

\$50

delivers food for
500 NUTRITIOUS
DINNERS

\$100

feeds a child
FOR 1 YEAR



To get started, contact Shahna Sherwood at ssherwood@tabletotable.org or 201.923.6638