



Saint Henrik of Uppsala

Saint Henrik of Uppsala live in the 1100's and was an English born saint that is also the patron saint of Finland. According to Legend, Saint Henrik came to Finland to help build the Church after a civil war had raged. He baptized many people in Finland and did many charitable works. He was falsely accused of theft and killed as a martyr.

While some records say he may never had existed, the story of St. Henrik of Uppsala is still an important lesson to us today because his bravery and generosity in going to a new land and helping others. In our own lives we can be scared to do something or not interact with people because we don't know them. Henrik of Uppsala shows us how we can all be brave if we trust in God.